



FSH IUI Cycle

(Not used for IVF, only IUI cycles)

Before Cycle Start

- ❖ Start taking a Prenatal Vitamin
- ❖ Review questions with doctor
- ❖ Consent forms signed and returned to Boston IVF
- ❖ Approval from financial dept.
- ❖ Contact Patient Educational Services

FSH Start

- ❖ Call Clinical Assistant (Nurse) when period starts (= day 1 cycle)
- ❖ Nurse will instruct you when to start FSH medication (Bravelle, Gonadotropin, Follistim, Repronex)
- ❖ FSH started usually on cycle day 2 or 3 (Cycle Day 1 = start of menses)
- ❖ The day FSH is started is referred to as (FSH) Treatment Day 1 (versus cycle)
- ❖ Nurse/Clinical Assistant will instruct you on the dose of FSH & for how many days

Monitoring

- ❖ Typically started on FSH Treatment day 6-8
- ❖ Consists of ultrasound and usually blood test
- ❖ Average is 2-3 per cycle
- ❖ Performed 6:30am-8:45am
- ❖ Waltham and Portland are only centers open weekends
- ❖ Appt scheduled by your nurse
- ❖ You will receive a call in afternoon after tests with instructions on FSH medication dose

HCG Injection

- ❖ When follicles (eggs) ready, you will be instructed to take hCG by nurse
- ❖ Stop FSH medications when hCG given

Day of IUI

- ❖ The IUI is performed approximately 36-40hours after the hCG injection.
- ❖ No restrictions on activity afterwards
- ❖ The nurse will inform you if you need to schedule a follow up appointment.

Pregnancy Test

- ❖ Performed 16 days after hCG injection, 14 days after IUI
- ❖ Inform nurse as to where you will have test performed

Good luck and best wishes!

